

“Deep Nourishment: Connecting to Your Inner Wisdom and Wellness”

February 26-27, 2010



Presented by
Doris Link-Schreiber and Cindy Stenavich

Each of us has a wellspring of wholeness and wellness within us, when we deeply connect to God. Join us as we explore various aspects of health and wellness. Discover ways to use each aspect to connect to God within. Nourish your body, mind and spirit with group activities and individual reflection designed to enhance your feeling of health and wholeness.

Begins with 7:00 supper on Friday night and concludes with 5:30 p.m. supper on Saturday night

Offering: \$110.00

Reservations:

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