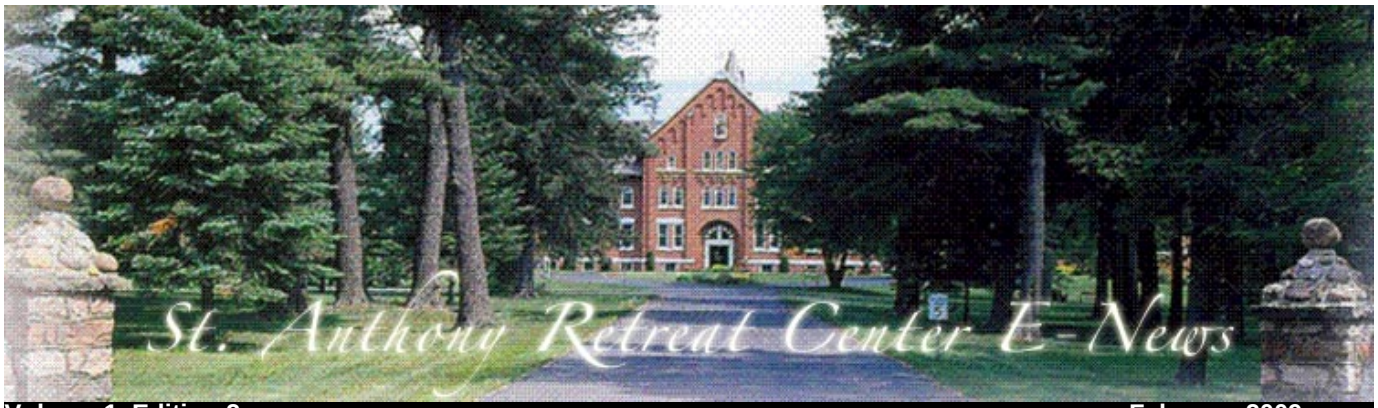

Volume 1, Edition 2 **February 2009**

February Retreats Prepare Us for Lent

Because so many parishes offer excellent programs during Lent, we have chosen to offer retreats that will prepare us for the important spiritual work of the season.
In response to the request of many of our retreatants to 'help me pray better', three evening retreats on prayer will be offered. (See descriptions in the right column.)
To keep the cost down we will not have a meal.
We are also offering other programs. See what will help you draw close to the Lord!

-SPECIAL OFFER--

- ***If you bring a new person to St. Anthony's you and your friend can receive a $10 discount off your retreat offering.***
- ***Send in your registration 30 days early with a $35 deposit and receive an additional $10 off your cost.***

Click here to see our wonderful website--
http://www.sarcenter.com

On the website you can find:

- **What is 'Spiritual Direction'?**
- **Read about the staff**
- **Find our location**
- **Learn about our 90 year history**
- **See about future retreats**

Contact information:

St. Anthony Retreat Center
300 E. Fourth St.
Marathon, WI 54448

FEBRUARY RETREATS

"Ways of Praying--3 Sessions"

$40 for entire series or $15 each
Each begins at 6:30 p.m. Ends at 8:30 p.m.

February 5
Praying with Scripture and Guided Imagery

Led by Sue Soriano and Helen Ackermann

February 12
Praying with Our Experiences & Praying with Journaling

Led by Fr. Dan Crosby and Connie Sprague

February 19
Quiet Prayer and Praying with Our Bodies

Led by Mary Testin and Doris Link-Schreiber

February 8
Praying with our Islamic, Jewish and Christian Brothers & Sisters

The family that prays together stays together. Because Christians, Jews and Muslims all believe in the same God of Abraham, we are one family. But seldom do we pray together or appreciate the authenticity of each others prayer. this afternoon we will listen to representatives of each of these traditions and share their prayer experience. Ends with a thanksgiving prayer service and a meal together. Presenters: Imam Ozimen, Rabbi Danson and Fr. McMichael.
Begins at 1 p.m. and ends at 6 p.m.
Offering: $30.00

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February 20-22 Women's Retreat: "Embracing our Oneness: A Basket Weaving Experience:

Discover how the various fibers of your life and the lives of others have shaped, woven together and formed the creation that is you. No basket weaving experience necessary; just an open heart!
Led by Eileen Mirsberger (an experienced weaver) and Annette Johnson (hospital chaplain).
Begins at 7 p.m. Friday and ends with noon meal on Sunday. Offering: $195.00 includes materials, room and meals.

February 27- March 1 Healing Retreat

This retreat offers a change to bring our weariness and need of healing to the Lord. All we need is an open heart, a Bible and a journal. No one comes to the Lord and goes away empty! Led by Marianne Skrobiak, a psychotherapist and spiritual mentor.
Begins with 7:00 supper Friday and ends with the noon meal on Sunday.
Offering: $165.00

February 28 Enneagram Retreat

The Enneagram is a tool for self-understanding and for appreciating the gifts and viewpoints of others. During this retreat we will explore the basic structure of the Enneagram and begin to identify our own type. We will also see how we can break free of our compulsions and grow toward greater unity with God.
Led by Mary Testin and Cindy Stenavich. Begins at 10 a.m. and concludes at 4 p.m.
Offering: $40.00

http://www.sarcenter.com

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