

Native American Style Flute Making Retreat

**“I am as the flute,
the breath in me
is from Thee”**



October 30-November 1, 2009

Begins with 7 p.m. meal on Friday and concludes with noon meal on Sunday

Come experience the making of your personal Native American Style Flute. Using your body measurements, woven together with Scripture, stories, prayer and life sharing insights along with cedar, sage, water, fire... and Breath...the Breath of life gifted to us by God, to bring Spirit life and song through your flute.

During this retreat, each participant will complete their own Native American Style Flute (NASF). NASF's have long been used in healing. Their music speaks more to the heart (emotion) than to the head (thinking). **NO MUSICAL BACKGROUND IS NEEDED TO PLAY/PRAY THE FLUTE.**

Presented by: Mary Miller, having lost her music (prayer) expression to hearing loss, she was called by the Native American Flutes for healing and prayer for over 20 years. Connie Holschbach, a wife, mother and grandmother, was moved by the Spirit to attend a flute making retreat and has helped others find their Spirit Flute. Bonnie Burmeister, a wife, mother, and grandmother, has attended retreats at St. Anthony's. For Bonnie music has played a big part of her life. She lost "music" with a stroke which changed her life considerably. Attendance is limited to 12 participants.

Offering: \$175.00

Reservations:

St. Anthony Retreat Center

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