



Day of Resources

Caring for our Aging Parents

and other people we love

As our parents, siblings or friends age, we may find ourselves being stretched between trying to be supportive and continue to treat them as adults while we observe diminishment in their mental and physical capacities.

This day will offer a team of community experts on aging to offer input and resources to address these issues. Included are:

- Understanding ways to assess degrees of dementia
- Types of housing and care levels available
- Legal concerns—Wills, Power of Attorney, Advance Medical Directives, Living Wills—what you need right now
- “Five Wishes” to be discussed with your loved ones
- How to talk with your parents/loved ones about your concerns
- Lots of time for questions and availability to further resources

November 20, 2010

Begins at: 9:00 a.m. and concludes by 4:00 p.m.

The \$20.00 offering includes a large noon meal.

Note: You must pre-register by November 15 to reserve a place for the noon meal.
(cost for the day remains \$20 without pre-registration)



Held at: St. Anthony Spirituality Center

300 E. Fourth St. Marathon, WI 54448

Call: 715-443-2236

or register on our website: www.sarcenter.com

Sponsored and staffed by: Harmony Living Centers LLC, Alzheimers Association, UW-Extension, Marathon County Adult Disability and Resource Center, Drach Law Firm, St. Anthony Spirituality Center